

Rea Valley

*discover the taste!*



## MEDITERRANEAN PORK LUNCH TONGUE SALAD

This zingy salad is packed with freshness delivering a clean taste that complements the punchy pork meaty flavour

### Method - Serves 3

1. Cut the mixed salad, tomatoes, peppers and olives into small pieces and mix in a bowl.
2. Then cut the Pork Lunch Tongue slices into 15mm strips and add to the salad mix.
3. Add finely chopped Dill and squeeze a whole lemon over the mix.

### Ingredients

6 slices Pork Lunch Tongue  
1 bag mixed leaf salad  
1 small bunch of Spring Onions  
1 red pepper  
1 yellow pepper  
100g pitted green olives  
100g pitted black olives  
1 pack Piccolo Cherry Tomatoes 220g  
1 pack of dill 30g  
1 whole lemon  
Pinch of black pepper